



LESSON 1


Youth Development 

- An ongoing process through which young people attempt to meet their needs and develop the competencies they perceive as necessary for survival and transition into adulthood

Positive Youth Development

- Is positive and productive for both youth and their communities



Strengths of 4-H 

- Nationally recognized as an effective youth development organization
- Has a strong local, county, state and national infrastructure
- Provides outreach opportunities that support communities
- Provides research-based curriculum

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ADDITIONAL YOUTH DEVELOPMENT/VOLUNTEER RESOURCES HANDOUT

1. Huebner, A. 2007. Preparing the Youth Development Professional. Virginia Polytechnic Institute and State University, Falls Church, VA.

Available on line at <http://www.national4-hheadquarters.gov>

2. Huebner, A., and McFarland, M. 2002. Youthworks Self-study Guides: A Performance Based Training Program for Youth Development Professionals, Kansas State University Cooperative Extension, Manhattan, KS and Virginia Polytechnic Institute and State University, Falls Church, VA.

Available for order at <http://www.4-h.k-state.edu/Resources>

3. Missouri Cooperative Extension volunteer training

Available on line at <http://www.4h.missouri.edu/getinvolved/volunteer/volunteertraining>

4. E-Learning for 4-H Volunteers: Four interactive self-paced on-line training modules complete with review. Topics include: About 4-H, Positive Youth Development, Getting Started in 4-H, and Leadership & Teaching.

If you live in Alaska, Arizona, California, Colorado, Hawaii, Idaho, Montana, New Mexico, Nevada, Oregon, Utah, Washington, or Wyoming contact your state 4-H office or County Extension Office for the appropriate URL to access modules. If you live outside of these states, you can preview the About 4-H module by going to <http://4h.wsu.edu/4HModule1Demo/default.html>

For more information on how your state can fully access the modules and collect volunteer data specific to your state, contact: Pat BoyEs, Washington State 4-H Program Director, boyesp@wsu.edu; 253-445-4589.

5. Purdue Cooperative Extension volunteer training.

Available on-line at <http://www.four-h.purdue.edu/volunteer/index.html>

6. Maryland Cooperative Extension training for new volunteers.

Available on-line at <http://www.maryland4h.org/>

7. National Association of Extension 4-H Agents, Professional Development Resources

Available online at <http://www.nae4ha.org> Click on Professional Development Resources.