



# 4-H Leadership Project



## Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started

### Citizenship/ Leadership

- Make arrangements for your club's next service project
- Investigate a historical leader and share their accomplishments
- Volunteer to serve on a committee for your next town celebration

### Communication

- Notify families about club activities
- Give presentation on parliamentary procedure or other decision-making methods
- Create a club web page
- Conduct Club Officer Training

### Healthy Living

- Develop a community program to teach elementary students about nutrition
- Design and lead a fitness program for fellow club members

### Science

- Understand the science of motivation
- Uncover the science behind personality and how it affects your leadership style.

## Are you Into It?

Learning about yourself is a key part in developing leadership skills.

In the Leadership project, you can:

- Understand roles, attitudes, tasks and functions necessary for effective leadership
- Strengthen local 4-H units in leadership responsibility and encourage other youth
- Participate in program planning, development, and implementation; help recruit new members and leaders

## Here's what you can do all year!

### Starting Out Basic

- Job shadow or interview a local leader
- Take responsibility for a weekly chore in your home
- Plan and present a fun club activity
- Identify non-verbal communication behaviors
- Create a weekly schedule for you and your family
- Work with your family to organize a space at home

### Learning More Intermediate

- Make a list of what motivates you; interview others to find out what motivates them and compare the lists
- Identify characteristics of a good leader and how leaders develop trust
- Practice and deliver a presentation
- Identify talents in your club, group or community
- Work with members to establish ground rules for

### Expanding Horizons Advanced

- Plan and present a project workshop
- Run for office in your club
- Create a list of your strengths and weaknesses
- Practice interviewing with an adult
- Write a personal vision and mission statement
- Identify various leadership styles



## Expand Your Experiences in Leadership Project

- Volunteer to serve on your 4-H County Council
- Mentor a younger youth in 4-H in a skill area you have learned.
- Run for “County Council Office” to run of a county, district or even a state 4-H council office position.
- Contact your county UF Extension Office for other local workshops, activities, and events.
- Run for a County Council office
- Mentor younger 4-H’ers as you serve as a 4-H Camp Counselor
- Participate in Florida 4-H Legislature [florida4h.org/programsandevents/](http://florida4h.org/programsandevents/)
- Interested in a college education in the area of political science, business administration, teaching, public service administration in agriculture or community and regional planning? Schedule a visit with the University of Florida: [ufl.edu/admissions](http://ufl.edu/admissions)
- Register for 4-H University to attend workshops, participate in community service events, hear keynotes, compete in contests, have fun, and meet other youth from across Florida who may share common interests: [florida4h.org/programsandevents/](http://florida4h.org/programsandevents/)
- Check out camps at the Florida 4-H Center [florida4h.org/camps/](http://florida4h.org/camps/)

### Project Sharing Ideas

- Make a poster with a timeline to demonstrate a historic leader’s rise and accomplishments.
- Exhibit a calendar or log of weekly responsibilities in your home.
- Give a presentation on the elements of an effective meeting.
- Help others have more effective meetings by teaching parliamentary procedure.

## Resources

### 4-H Project Resources

Project materials to assist youth in learning may be available through your county 4-H office or you can order directly.

**Available at National 4-H:**

[www.4-hmall.org](http://www.4-hmall.org)

- Step Up To Leadership Workbook, Journal, and Portfolio

**Available at EDIS:**

[edis.ifas.ufl.edu/](http://edis.ifas.ufl.edu/)

- Developing Skills for Youthful Leaders: You Can Be A Leader, Knowing and Accepting Yourself, Being Your Best, Communicating with Others, Listening Skills to Improve Communications, and Making a Decision
- Unlock Your Leadership Potential

### Connections and Events

Contact your county 4-H office or the Florida 4-H at [www.florida4h.org](http://www.florida4h.org) about:

#### NON-COMPETITIVE EVENTS

State Events:

- Leadership Adventure Weekend
- 4-H Legislature
- 4-H University
- 4-H Day at the Capitol
- Summer Camp Counselors
- National Events:
- Citizenship Washington Focus
- Leadership Washington Focus

#### COMPETITIVE EVENTS

- Demonstration and Illustrated Talks
- Florida 4-H University
- Public Speaking Contests
- Photo Exhibit

### Record Keeping

Learning to take good records of what you do and what you spend for your project is a 4-H lifeskill.

The following record keeping forms can help you keep a record of your activities.

Project Report Forms can be found at [florida4h.org](http://florida4h.org)

- Junior (grades 4-6)
- Intermediate (grades 7-8)
- Senior (grades 9-12)
- Financial Summary
- Member Portfolio (ages 8-13)

### Awards and Recognition

Florida’s Recognition Program involves feedback through:

- Participation
- Setting Goals
- Meeting Standards
- Peer Competition
- Cooperation

Certificates, pins, ribbons, trophies, trips and/or scholarships are awarded based on quality of performance at the county, district, state and national levels.

To learn more about current recognition opportunities visit the Florida 4-H website at [florida4h.org](http://florida4h.org) or contact your county 4-H agent.

Learn more at [florida4h.org](http://florida4h.org)  
or contact your local UF/IFAS Extension County Office

**4-H**  
GROWING TOGETHER