Clothing and Textiles

Objectives
4-H’ers will learn to:
- choose clothing, whether handmade or purchased.
- care for clothing.
- display poise, self-confidence in personal development and appearance.
- make good consumer decisions.

Project Manuals & Other Resources

Clothing and Textiles - Construction (Ages 8-18)
With the Sewing and Textiles Series, youth learned how to be smart clothing consumers and much more with this program. The curriculum provides numerous opportunities for youth to create garments and unique costumes. Buying strategies, apparel care and design, and the social and psychological influences of clothing are featured. Three skill based manuals and a helper’s guide provide a wide range of activities to youth while developing critical life skills.

Clothing and Textiles - National (Ages 8 - 18)
CTC 1  Under Construction
CTC 2  Fashion Forward
CTC 3  Refine Design
CTC H  Helper’s Guide

Clothing and Textiles - Selection (Ages 8-18)
The Clothing Decisions Series curriculum teaches decision making skills through a six-step process based on fun, hands-on clothing activities that youth can do alone or with friends. It builds self confidence, teaches consumer skills, and encourages community service.

Clothing and Selection - National (Ages 8 - 18)
CTS 1  Discovering Choice
CTS 2  Managing Choice
CTS H  Clothing Decisions Helper’s Guide

Florida 4-H Clothing, Construction and Fashion Revue Contest Study Guides
This series of study guides are a companion to any of the clothing projects for county, district and state competitive skill-a-thon events. Each guide provides information regarding fabric identification and care; clothing choices and selection; construction or consumer decisions. The Leader’s guide provide sample skill-a-thon situations.

CT A  Beginner’s Guide  FL 4H CTM 10
CT B  Intermediate Guide  FL 4H CTM 11
CT C  Advanced Guide  FL 4H CTM 12
CT H  Helper’s Guide  FL 4H CTM 20

Supporting Events & Activities

Competitive Contests:
County, District, State or National Levels
Demonstration and Illustrated Talks
Demonstrations in this area may either be performed as part of the “Clothing” category or in another project area you are currently enrolled in. This includes all presentations related to clothing selection, buying, care, construction, textiles, accessories, personal appearance, and grooming.

Clothing and Textiles Exhibits, Fashion Shows and Reviews
County, Area and State Fairs
A variety of opportunities exist for youth of all ages to exhibit their clothing projects and enter garments and model in competitive shows sponsored by local, area and state fairs. Some of these are:
- North Florida Fair, Tallahassee
- Central Florida Fair, Orlando
- Florida State Fair, Tampa
- Dade County Youth Fair, Miami
Categories, premiums and awards vary with each fair.
Florida State Fair Fashion Show
Held in February at the Florida State Fair, this competition judges fashions that have been designed, constructed, and modeled by 4-H’ers. Contestants will be selected through a County Contest. The contest consists of 3 divisions for youth with 6 categories in each division (with the exception of Designers).

State 4-H Fashion Revue
County, District and State levels of competition are conducted for youth constructing and modeling garments they have made. The state level competition for 4-H’ers is held annually at the Florida 4-H Congress the last week in July. The state winner receives a trip to the National 4-H Fashion Revue held concurrently with the National 4-H Congress. Please see page 3 of this brochure for additional requirements and information.

Non-Competitive Events:
Day Camps and Clinics
Many counties and district offer a variety of other educational workshops, clinics or day camps. Please contact your local 4-H office for information about these events in your area.

Award & Recognition Opportunities
Ribbons and Awards for Competitive Events
Blue, Red, and White ribbons are awarded based on quality of performance during a competitive event using a standard scoring system. In addition to ribbons, youth may receive additional recognition for excellence, such as trophies, at the district, state and national levels.

4-H Project Reports
Certificates, pins and other county determined awards are available to youth who complete their project records annually at the county level. The project report forms are available for each age group (Junior, Intermediate, Senior). For copies of these materials, please visit our website http://florida4h.org.

4-H Portfolios
Senior 4-H’ers (ages 14 and up) are eligible to complete and submit a 4-H Portfolio of their 4-H experiences and activities. Youth in these project areas may compete in one of the following categories:

- Individual and Family Resources - (predominantly focused on experiences specific to this area)
- Citizenship - (if activities have been significantly focused on community and helping others)
- Achievement - (if 4-H activities include a broad spectrum of 4-H projects)
- Leadership - (if 4-H experiences have centered on leadership provided to other youth or teaching and leading project activities)

The award for 4-H Portfolio is a partially expense paid trip to National 4-H Congress.

College Scholarships
Graduating Seniors in 4-H are eligible to compete for a variety of educational scholarships.
Clothing Construction, Selection and Fashion Review

In this event, 4-H youth will develop the skills necessary to plan, select, or construct clothing for different occasions, and enhance their ability to determine which accessories are suitable and becoming. 4-H’ers can build self-confidence and poise through developing an understanding of “self” through: 1) designing and creating an article of clothing which will complement them and express their personality; Or 2) demonstrate skills in consumer decision-making as they select becoming choices for their clothing needs.

**When:** Late July  
**Where:** Florida 4-H Congress, Gainesville, FL

**Contest Divisions and Categories:**
This contest has two divisions:
1) Clothing Construction and  
2) Clothing Selection.  
Teens may enter one outfit or ensemble in the following senior (ages 14-18) categories of entries in either the selection or construction division.

Active Sports Wear: One, two or three piece outfits from coordinated fabrics for a total look for your favorite leisure activities. No swimwear is permitted.

School/Informal Wear: Non-tailored, casual outfits of one or more garments, coordinated for a total look acceptable for non formal events like school, youth activities, etc.

Dress for Work: Dresses, suits or tailored sportswear suitable for a business setting.

Special Occasion: Dressy ensembles appropriate for special occasions.

My Choice: Costumes, western wear, lounge wear or other garments that do not fit another category.

**Contest Procedures and Scoring:**
Scoring and winners in each division and category will be selected on three parts:
1) garment evaluation;  
2) modeling and presentation; and  
3) skill-a-thon performance.

Score cards, procedures and training/study kits are available through county extension offices or the 4-H Web site, Clothing Project.

**Participation Criteria:**
- 4-H’ers must be at least 14 years old by September 1 of the current program year.  
- 4-H’ers may only enter one category in either the Selection Division or the Construction division, not both.

**Participation Procedures**
District: A District level event is not required but could serve as an excellent training event.
State: One Senior entry per category within each division. Counties may have a total of ten (10) entries.  
Official entry and data forms must be sent to Judy Butterfield, PO Box 110250, Gainesville, FL 32611-0250, by the printed deadline date (consult the State 4-H Events Calendar).

**Awards:**
State: First, second and third place winners will receive trophies.