

Name: \_\_\_\_\_ County: \_\_\_\_\_



# Florida 4-H Senior Portfolio

## Section I: Current 4-H Year Major Project Summary

**IA: Project Goals:** Describe the goals you set for yourself during the past year related to this project area.

Submit at least 2 S.M.A.R.T. (Specific, Measurable, Achievement, Attainable, and Timely) Goals.

Example:

Create a presentation about equine vaccinations and deworming for my club, county, and community in the 2015 - 2016 4-H year.

**IB: Major Project Accomplishments:** Describe your major achievements related to your project goals for the year.

Indicate the level of the achievement with the appropriate letter: Local (L); County (C); District (D); State (S); Regional (R); National(N); International (I)

### Accomplishment & Level

(Level(s) of Achievement) Description of Accomplishment

Example:

(L,C) I researched and defined equine developmental local areas of need. I trained with a veterinarian to learn how to vaccinate and deworm equine. From there I compiled the data into a program for further programmatic use.

**IC: Project Activities:** Describe any significant activities and experiences you participated in to accomplish your project goals for the past year. Describe your responsibilities and the level (L,C,D,S,R,N,I) at which your experience was gained.

### Activity/Experience & Level with Responsibilities

Activity/Experience Title (Achievement Level(s))

Description of Responsibilities and Accomplishments

Example:

Program Delivery (L,C)

From my research and practical experience, I developed a successful program over proper equine care and presented it to my 4-H club, county council, and local schools.

Name: \_\_\_\_\_ County: \_\_\_\_\_

**Section II: Cumulative 4-H Experiences****IIA: Project accomplishments.****Years Enrolled with 4-H Project Area & Accomplishments**

Years in Project, ranked from Newest to Oldest by End Year

StartingYear - EndYear: 4-H Project Area  
Project Accomplishments

Example:

2008 - 2015: Horse Project

I attended the Area A Horse Show in 2011 to watch and learn about showing. In 2012, I competed in the Area A Show. The experience allowed me to further my horse's abilities from a level 1 dressage horse to a level 3 dressage horse thus increasing her value from \$2,500 to \$7,500.

**IIB: List your 4-H Awards and Honors.** Indicate year and level of participation with the appropriate letter: Local (L); County (C); District (D); State (S); Regional (R); National (N); or International (I).**Year, Award Honor, and Level with Award Description**

Years ranked from Newest to Oldest

Year: Award Honor (L), Award Honor (C), Award Honor (D)

Example:

2014: Selected to attend National 4-H Conference (N)

Name: \_\_\_\_\_ County: \_\_\_\_\_

**IIC: Describe your major 4-H activities, experiences and events.** Indicate year and level of participation with the appropriate letter: Local (L); County (C); District (D); State (S); Regional (R); National (N); or International (I).

**Year, Project Competitions/Exhibits, Your Involvement, and Participation Level**

Years ranked from Newest to Oldest

Year(s) of Involvement: Project Competition/Exhibit/Event. Description of Involvement(s). (Level(s) of Participation)

Example:

2010 - 2015: Livestock Show. Showed 2 rabbits and 1 goat in showmanship, breed, and age categories. (D)

**Year, Presentations / Demonstrations, Your Involvement, and Participation Level**

Years ranked from Newest to Oldest

Year(s) of Presentation/Demonstrations: Activity. Description of accomplishment. (Level(s) of Involvement)

Example:

2013 - 2015: Presentation/Demonstration. Presented and demonstrated how to vaccinate and deworm equine for the Samsung Science Program. (L, C, D, S)

**Year, Other 4-H Events and Activities, Your Involvement, and Participation Level**

Years ranked from Newest to Oldest

Year(s) of Involvement: Other Events/Activities. Description. (Level(s) of Involvement)

Example:

2012 - 2015: Leadership Adventure Weekend. Teen Health Ambassador, Counselor, Participant (S)

Name: \_\_\_\_\_ County: \_\_\_\_\_

**IID: List 4-H offices and leadership experiences (teaching, committees, etc.).** Indicate year and level of participation with the appropriate letter: Local (L); County (C); District (D); State (S); Regional (R); National (N); or International (I).

<b>Year, Leadership Activity, Your Responsibility, and Participation Level</b>
<p>Years ranked from Newest to Oldest</p> <p>Year(s) of Involvement: Position(s) Held. Description of responsibility. (Level of Participation)</p> <p>Example:                      2012 - 2013: County Council Reporter. Promoted 4-H in local news outlets, published a monthly newsletter, chaired a committee, and upheld general officer duties. (C)</p>

**III: List and describe your citizenship and community service participation in 4-H.** Indicate your level of participation with: (Y) performed yourself; (G) gave primary leadership to the group; or (M) member of the group.

<b>Year, Community Service/Citizenship Activity, Your Responsibilities, and Participation Level</b>
<p>Years ranked from Newest to Oldest</p> <p>Year(s) of Involvement: Activity. Description of Responsibilities/Activity. (Level(s) of Involvement)</p> <p>Example:                      2014 - 2015: Operation Military Kids Toy Drive. I facilitated collecting over 250 toys with my 4-H club for the local armory's holiday party for children of military service members. (Y, G)</p>

Name: \_\_\_\_\_ County: \_\_\_\_\_

**Section III: Experiences in other organizations, hobbies, and special interests.**

**Year, Group or Organization, and Your Involvement**

Years ranked from Newest to Oldest

Year(s) of Involvement: Name of Group/Organization. Involvement.

Example:

2010 - 2015: Youth Exhibition Poultry Association (YEPA). Club member, project book completer, sanctioned show attendee, pre-junior and novice showmanship judge.

**Year, Hobbies and Special Interest, and Skills Learned**

Years ranked from Newest to Oldest

Year(s) of Involvement: Name of Hobby/Special Interest. Description of Skills Learned

Example:

2012 - 2015: Foreign Languages (French). Enhanced communication abilities, improved understanding of diverse individuals.



COOPERATIVE EXTENSION SERVICE, UNIVERSITY OF FLORIDA, INSTITUTE OF FOOD AND AGRICULTURAL SCIENCES

Nick T. Place, Director, in cooperation with the United States Department of Agriculture, publishes this information to further the purpose of the May 8 and June 30, 1914 Acts of Congress; and is authorized to provide research, educational information and other services only to individuals and institutions that function with non-discrimination with respect to race, creed, color, religion, age, disability, sex, sexual orientation, marital status, national origin, political opinions or affiliations. The information in this publication is available in alternate formats. Single copies of extension publications (excluding 4-H and youth publications) are available free to Florida residents from county extension offices. Information on copies for out-of-state purchase is available from IFAS-Extension Bookstore, University of Florida, PO Box 110011, Gainesville, FL 32611-0011. Information about alternate formats is available from IFAS Communication Services, University of Florida, PO Box 110810, Gainesville, FL 32611-0810.