Why Join 4-H?

4-H empowers young people to be true leaders. Kids complete hands-on projects in areas including health, science, agriculture, animal science and citizenship, where they are encouraged to take on proactive leadership roles.

Competitions and leadership opportunities are available to all 4-H members, regardless of which programs and activities they choose to pursue. All 4-H members are provided with opportunities to develop their presentation skills and travel across the country to participate in conferences and competitions. When a child becomes a 4-H'er, they learn the value of civic duty and community service. These are the skills that give our 4-H members a competitive edge on their college applications or the skills that they need to become future entrepreneurs.

4-H'ers have risen to high levels of achievement and leadership in virtually every industry and sector. Today some of our 4-H alumni include prominent politicians, CEOs, astronauts, famous actors and TV personalities, renowned athletes, news anchors and journalists. 4-H alumni are some of the most influential citizens across the nation.

Florida 4-H Youth Development Program

State Headquarters: 352.846.4444 or fourh@ifas.ufl.edu

2142 Shealy Dr.
P.O. Box 110225
Gainesville, FL 32608

For more information on 4-H clubs and activities in your county contact your local County Extension Office. directory.ifas.ufl.edu/

Visit our website at www.florida4h.org

Want to support Florida 4-H? Visit: give.ifas.ufl.edu/

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Florida 4-H is the land-grant youth development program providing hands-on educational programs and experiences for youth ages 5-18 through a diverse portfolio of project areas. In Florida, 4-H is administered by University of Florida/IFAS Extension and Florida A&M University.
Who Supports 4-H?
The Florida 4-H Foundation strives to be the recognized champion for 4-H in Florida, to help provide youth with opportunities to learn, grow and lead. This includes working collaboratively with the University of Florida Foundation, county-based associations and foundations, and National 4-H Council.

With the generous support of alumni, friends and partner organizations, Florida 4-H benefits from ANNUAL SUPPORT and more than $11 MILLION IN ENDOWED.

How do Youth Participate in 4-H?
Youth can participate in 4-H in a number of ways:
- 4-H clubs – community-based groups that meet under the leadership of adult volunteers, focusing on project area(s) that may meet year-round or only during the school year.
- 4-H Projects – hands on learning experiences that are fun and relevant.
- 4-H Events – designed to add hands-on education to the three primary 4-H programs. By providing physical, mental, social and emotional growth opportunities, 4-H events give members positive, meaningful experiences.
- 4-H Camps – Enjoy a summer camp experience at one of our camp facilities: Camp Cherry Lake, Camp Timpoohchee or Camp Cloverleaf.

What are Examples of 4-H Projects?
Projects range from woodworking to community service, nutrition to arts and crafts, computers to animal science and animal care, just to name a few. Regardless of the project, 4-H members learn life and work skills such as public speaking, record keeping, teamwork, responsibility and decision making.

What Does it Cost?
There is an annual participation fee required to join a 4-H club. In addition, clubs may add additional charges to support supplies and other club expenses.

Who Can Join 4-H?
4-H is open to all youth, ages 5-18 as of September 1.

Do Parents Get Involved?
- The more involved parents and guardians are in 4-H, the more the youth will benefit. Parents are always needed to serve as 4-H club leaders. All club leaders must be screened by 4-H before they are allowed to work with youth. Club leaders receive curricula and resources through 4-H.
- Here are a few examples of how parents can help:
  - Chaperoning
  - Mentoring
  - Volunteering
  - Assisting with projects
  - Serving on an Advisory Committee
  - Fundraising

What do 4-H’ers Do?
They make new friends, learn new skills, give back to their communities and have a great time! Here are just a few examples:
- Partake in various projects
- Do Visual Presentations
- Plan community service activities
- Exhibit at fairs
- Take part in contests and competitions
- Attend conferences
- Develop life skills
- Develop resumes and portfolios

Inspire Kids to Do
HEAD, HEART, HANDS AND HEALTH

What are Examples of 4-H Projects?